

# Appendix: Company scorecards

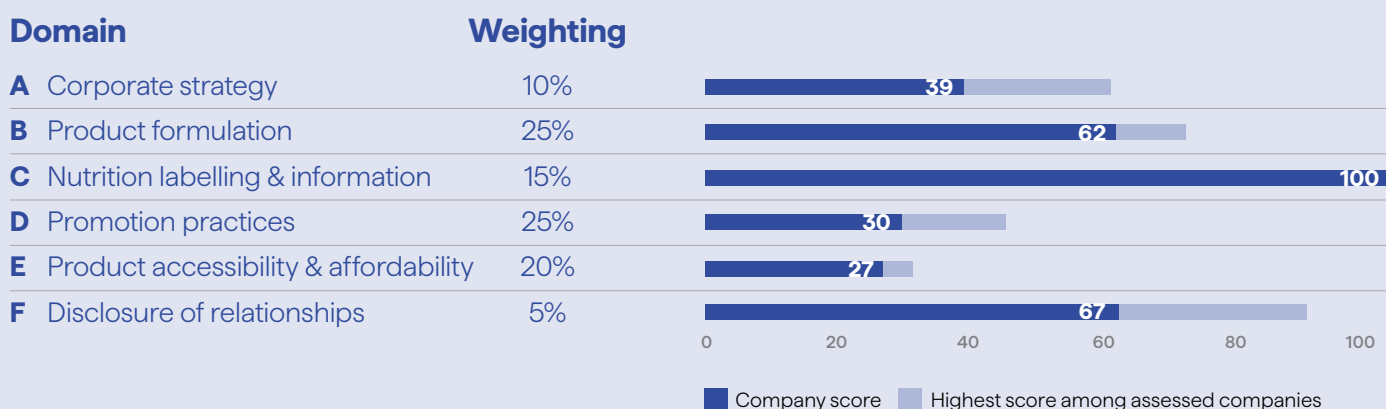
# Nando's

1st

OUT OF 10  
QUICK SERVICE  
RESTAURANTS

51

OVERALL SCORE  
(OUT OF 100)



## Areas of strength

- Nando's have global and national commitments related to improving health and nutrition.
- Nando's Australia offers some healthier menu items, including main meal items (e.g., salad bowls, grilled chicken) and sides (e.g., roasted broccoli, corn, salads) made with fresh, minimally processed ingredients.
- Nando's Australia has nutrient criteria to guide their reformulation of ingredients and menu items, including category-specific maximum limits on sugar, saturated fat and energy, with reference to Healthy Food Partnership guidelines. In addition, the company reports efforts to ensure appropriate portion sizes in line with recommendations from the Healthy Food Partnership.
- Nando's Australia offers healthier drinks (e.g., water, juice, sugar-free drinks) and healthier sides (e.g., roasted broccoli, corn, salads) as part of adult and children's meals.
- Nando's Australia provides comprehensive nutrition information for menu items on their website, in-store and on their food ordering app.

## Recommended actions for Nando's

- Clearly **communicate** the company's approach to improving population nutrition and health at the national level by setting and disclosing clear objectives and targets that are routinely reported against.
- **Set** a target to increase the proportion of food-related **sales** from healthier menu offerings, and publicly **report** progress against this target each year.
- **Develop** and **publicise** specific, time-bound targets for reducing levels of sodium, saturated fat and sugar in ingredients and menu items, in conjunction with government-led initiatives (e.g., Healthy Food Partnership). Routinely **report** on the healthiness of ingredients and menu offerings, such as average levels of risk nutrients per 100g, by category (e.g., burgers/wraps, sides, desserts, sauces), including changes over time.
- Make healthier meal sides (e.g., roasted broccoli, corn, salads) and drinks (e.g., water, juice, sugar-free drinks) **the default** as part of all combination meals.
- **Strengthen** current policies to effectively reduce the exposure of children (up to 18 years) to brand advertising and the marketing of unhealthy products across all channels and settings (including on broadcast media, outdoor, online, in-gaming advertising and sponsorship). **Monitor** and **report** compliance with policies to restrict exposure of children to unhealthy food marketing.
- Use price-related promotions and loyalty bonuses exclusively to **incentivize** healthier selections, whilst **limiting** premium offers, price discounts and value deal incentives for unhealthy menu items (e.g., free chips, 'app-only' promotions such as free delivery).